



Hi,

Great news! We offer a bulk billing option in all of our clinics. All appointments booked Monday to Friday between 8:30am-5:30pm are bulk billed. You **MUST** bring a copy of the EPC (Dr. referral) and your Medicare card to the initial appointment.

Appointments before 8:30am and after 6pm Monday to Friday and Saturday mornings are billed at our standard consultation rate. A on the spot Medicare rebate of \$52.95 can be claimed through HICAPS.

Please also be aware that the Physios can only address one body part in the consultation so make sure you think about the area where you want us to focus on in this appointment and bring any relevant X-rays etc to the appointment.

We have a cancellation policy so please call and let us know if you cannot make it at least 4 hrs before the appointment so you won't incur the \$25 fee – we need these appointments to help as many people as possible.

The team are keen to get you on your health care journey!

If you have any questions please don't hesitate to contact us on:  
Moorebank – 9822 5751  
Wattle Grove – 9731 0666  
Carnes Hill – 9608 2336

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## OUR LOCATIONS:

### Moorebank

1 Stockton Avenue,  
Moorebank 2170

### Wattle Grove

3 Mubo Crescent,  
Holsworthy 2173

### Carnes Hill

Cnr Kurrajong &  
Cowpature rd.,  
Horningsea Park,  
2171

## OUR SERVICES:

### Physiotherapy

Physiotherapy can help with sporting injuries, work-related injuries, exercise prescription, pre and post operation rehabilitation, casting and splints, women's health and headache management.

### Paediatric Physiotherapy

Pediatric physiotherapy aims to improve and optimize your child's motor development. Our physiotherapist are able to determine if your child (aged 0-18 years) has development delay and has not met their physical milestones

### Hydrotherapy

Hydrotherapy can assist in the rehabilitation of various musculoskeletal injuries and also a key component of post-surgery rehabilitation. Hydrotherapy is held at **Whitlam Leisure Centre** every **Monday and Thursday 1:00-1.45pm.**

### Clinical Pilates

Clinical Pilates is offered at our Moorebank clinic. Pilates can strengthen all areas of the body, particularly the lower back. Each Pilates program is individualized to suit your area of concern.

### Home Visits

Our physiotherapists are able to visit patients within the community if they are unable to attend the clinic. If eligible, these home visits can be bulked billed through Department of Veteran Affairs, EPC appointments incur a surcharge.

### Remedial Massage Therapy

We have 3 Massage Therapists Kathy, Veni and Karyl working in our Moorebank, Carnes Hill and Wattle grove Practices. Massage can ease post-exercise soreness, reduce chronic tension and pain, increase flexibility, restore mobility, breathing and promote restful sleep. All Massage Therapists are recognized Remedial Massage Therapist with HICAPS.